

WELEDA

Since  1921

Comfort & Joy

Christmas 2023

WELEDA

Since 1921

Comfort and joy

In the words of the traditional English carol, we bring you 'tidings of comfort and joy' for the festive season! A vibrant range of beautifully boxed botanical gift sets featuring some of our best-selling products and latest launches to comfort winter skin, that would equally make joyous presents for other occasions.

Our new 2023 gift collection is a welcome change from the usual excess of Christmas packaging. The fully and easily recyclable packaging (free from plastic inserts or cellophane wrapping) is made with a large element of post-consumer recycled material, the remainder being FSC certified and printed with solvent free vegetable inks, to minimise carbon impact.

V = Vegetarian
Ve = Vegan and Vegetarian
G = Contains Gluten



About the artist James Brunt

We welcomed artist James Brunt as Artist in Residence in our Derbyshire herb gardens in 2020, and during those stressful Covid pandemic months our lives were gently brightened by the beautiful and transitory art pieces that James created using fallen materials found on site.

Leaves, pebbles, shells, fallen fruit, twigs, blossom – nature is an artist's store cupboard of colour, pattern and texture, distilled by James for our new Christmas gift boxes with dynamic designs reminiscent of softly spiralling petals and gently falling leaves.



Having graduated from art school and worked in the art world, James now lives and works in Yorkshire and travels around the UK drawing inspiration from the natural environment of our beautiful British Isles to create his installations.

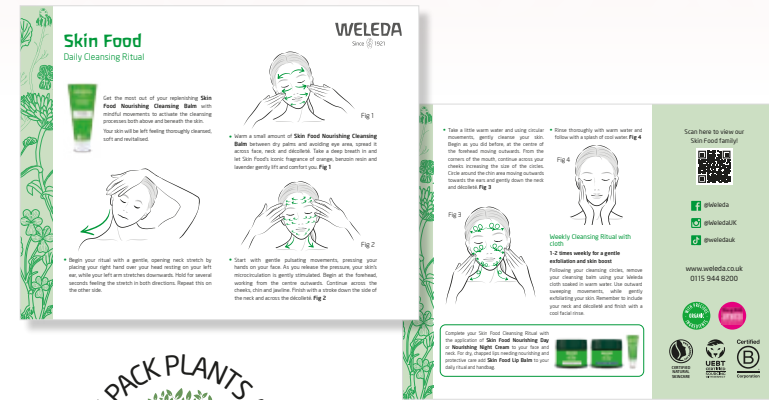
jamesbruntartist.co.uk



A gift within a gift

The new collection is a gift for both people and planet. For each box purchased, Weleda will plant a tree through charity TreeSisters, helping to restore forest ecosystems protecting endangered species, helping stabilise climate change as well as changing lives by empowering women in the workplace.

What's more, inside six* of these beautiful gift boxes you'll find a little bonus: a Weleda self-care ritual to help you get the most out of each product, together with a code to enjoy a bespoke Spotify playlist whilst you indulge in a little pampering. It's those little surprises that create the magic of Christmas.



Comfort Gift Set

Comfort Aroma Shower 200ml

The natural fragrance is a mix of pure essential oils and plant extracts – with mellow vanilla, refreshing lemon and warm spicy undertones of star anise, conjuring up memories of cosy winter holidays and leaving mind and body feeling pampered and relaxed. It's like a hug in a tube.

Winter Comfort Intensive Hand Cream 50ml

Comfort rough and dry hands until they're cashmere-smooth. Made with luxurious organic shea butter, nourishing sesame seed and pomegranate seed oils, this intensive cream will protect skin against moisture loss. Wrap the senses in the soft scent of vanilla, lemon and star anise.

409894 Ve £20.00



Soothe & Nourish Gift Set*

Sensitive Almond Nourishing Body Wash 200ml

A nourishing body wash formulated to care for sensitive, reactive skin. Mild, plant-based surfactants gently cleanse, while soothing organic almond oil provides a delicate marzipan-mellow fragrance and replenishes the skin's lipid layer. Leaving skin silky soft.

Sensitive Body Lotion 200ml

Developed together with dermatologists, this fast-absorbing lotion delivers long-lasting, soothing care with organic coconut and jojoba oils in a rich, nourishing formulation that protects and comforts reactive and easily irritated skin. Made without aromatic essential oils, it leaves the subtle scent of coconut oil on the skin.

409887 Ve £20.00

*bonus self-care ritual card included



Relax & Unwind Gift Set*

Lavender Relaxing Body Oil 10ml

Find deepest calm with this heavenly oil that captures lavender fields in full bloom. In a base of warming, nourishing sesame and sweet almond oils, this oil is the ideal companion for a relaxing massage at the end of a tiring day, or applied to touch-damp skin, after a bath or shower. Also wonderful kept by the bed for a soothing foot massage before turning in for the night.

Lavender Relaxing Bath Milk 200ml

A long soak with our multi-award-winning bath milk is the ideal therapy for depletion, over-stimulation and restlessness. Its harmonising action soothes body and mind, easing muscular tension while also calming racing thoughts. Ideal for use before bed to promote a peaceful night's sleep, a capful can also be used in a bedside diffuser to fill your bedroom with somniferous scent.

409885 Ve £18.00



Refresh Your Senses Gift Set*

Refresh Citrus Creamy Body Wash 200ml

A delightfully refreshing body wash with organic lemon peel oil to revive the senses. Enriched with skin-softening sesame seed oil, this silky, luxurious wash contains no harsh surfactants or foaming agents. A wonderful morning wake-up call, or for a spirit-reviving shower after a tiring day.

Citrus Refreshing Body Lotion 200ml

This hydrating lotion provides long-lasting 24h moisturisation, with organic sunflower oil, cooling aloe vera, soothing coconut oil and luxurious shea butter. Its light, easily-absorbed formulation delivers instant refreshment and is ideal for when you're on the go and need quick results.

409886 Ve £20.00



Skin Food Face Care Gift Set*

Skin Food Nourishing Cleansing Balm 75ml

This oil-to-milk formula with nutrient-rich organic sunflower oil and botanical extracts of wild pansy, organic calendula and chamomile, gently cleanses whilst maintaining skin's moisture levels. The balm turns into a milky emulsion on contact with water, to effectively remove dirt, impurities and water soluble make-up, revealing clean, soft, glowing skin.

Skin Food Nourishing Day Cream 40ml

Our nutrient-rich cream expertly blends botanical extracts of pansy, organic calendula, organic chamomile and organic olive leaf with squalane and organic sunflower oil. It deeply nourishes and moisturises skin and helps to restore the skin barrier, leaving it feeling silky-soft, revealing a luminous, naturally beautiful complexion.

409890 Ve £25.00



Skin Food Nourish & Shine Gift Set*

Skin Food Original 30ml

A highly effective, intensive moisture cream made with smoothing wild pansy, calming chamomile, invigorating rosemary and soothing calendula. Sunflower and sweet almond oils deeply nourish, while beeswax and lanolin lock in softness. First formulated in 1926, Skin Food's original cult following has grown to an inclusive cross-generational fan club.

Skin Food Light 30ml

Immediate comfort for dry skin. Our silky lotion combines lightweight, organic sunflower oil with extracts of calendula, wild pansy and chamomile. It provides the skin with instant moisture and protects it from drying out. The lighter formulation is quickly absorbed and leaves skin velvet soft. Suitable for face or body.

409888 V £17.00

*bonus self-care ritual card included

*bonus self-care ritual card included



Skin Food Glow Gift Set*

Skin Food Original 30ml

A highly effective, intensive moisture cream made with smoothing wild pansy, calming chamomile, invigorating rosemary and soothing calendula. Sunflower and sweet almond oils deeply nourish, while beeswax and lanolin lock in softness. First formulated in 1926, Skin Food's original cult following has grown to an inclusive cross-generational fan club.

Skin Food Lip Balm 8ml

Made with natural oils and waxes and Skin Food's time-honoured plant extracts of organic calendula, rosemary, chamomile and soothing wild pansy, our Skin Food Lip Balm offers deep, nourishing support for dry and chapped lips.

409889 V £16.00

*bonus self-care ritual card included

Glow up!

Weleda Skin Food is an iconic beauty classic – a firm favourite with models and make-up artists, whilst its affordability makes it popular with us all. This enriching eco balm soothes and comforts skin battered by daily stresses, and restores radiance. It's a staple in the kits of over 400 makeup artists in the UK, and a backstage beauty essential at London Fashion Week shows and in the British Fashion Council's Model Zone where catwalk beauties rest, relax and refresh between fittings and photoshoots.

Top models that rely on that Skin Food glow include Erin O'Connor, Alexa Chung, Helena Christensen, Behati Prinsloo, Chandra North, Marie Helvin, Andrew Cooper, Ellie Goldstein, Carolyn Murphy, Stella Maxwell, Hailey Bieber, Suki Waterhouse, Doutzen Kroes, Jessica Stam, Arizona Muse and Rosie Huntington-Whiteley.



Skin Food Ultra-Light Dry Oil

Shake, spray, glow! Naturally fragranced with essential oils, the spray leaves a beautiful satin sheen on your skin, with a sheer texture that absorbs instantly. Great for glowy highlights on shoulders and shins, or to smooth flyaway hair! It's easy to apply and absorbs quickly, giving an instant glow for camera-ready skin. The perfect party prep product.

106140 100ml Ve £15.95

"So this is the latest addition to the Weleda Skin Food family, which I had the chance to try out at London Fashion Week. It's the Skin Food Ultra-Light Dry Oil. It worked great for the show because it gave the models a great gleam on their skin. I think this is a perfect multi-tasking oil."

Adam de Cruz, Makeup Artist



The Complete Skin Food Regime

Treat your skin inside and out with this powerful combination, produced in partnership with leading supplement brand Cytoplan.

Drying central heating, late nights, celebration drinks and tempting treats all take their toll on our skin over the festive period and cold winter months. Intensively nourish your skin around the clock with our Skin Food Nourishing Day and Night Creams. Let your new Skin Food regime restore a healthy glow, naturally.

Skin Food Complex

This exciting new skin care set also contains a two-month supply of the new Cytoplan Skin Food Complex, to target the deep layers of skin as they develop. The high-quality ingredients include collagen, vitamin C, hyaluronic acid, grape seed and bilberry extracts, silica, zinc and more – designed to support, revitalise and nourish your skin from within, every day.

409902 2x60 capsules, 40ml Day Cream & Night Cream Ve £60.00



Men's Energy Fresh Gift Set

Moisture Cream for Men 30ml

This refreshingly light and fluid cream is rapidly absorbed by the skin, leaving it smooth, supple and toned. Extract of marshmallow root softens and calms, while organic sesame and jojoba oils moisturise, protecting the skin from drying out or becoming irritated.

Men's Energy Fresh 3in1 Shower Gel 200ml

Kickstart your day with fresh energy! With its tonic lemon scent, 3-in-1 Shower Gel cleanses face, body, and hair and preserves your skin's natural moisture. Ingredients 100% natural origin. Skin tolerance dermatologically proven.

409892 V £25.00



Men's Active Fresh Gift Set

Men's Active Fresh Shower Gel 200ml

Enliven your body and mind while gently cleansing your skin. The energising fragrance of organic rosemary and zesty litsea cubeba will leave you feeling invigorated and refreshed. Ideal for a morning mood-boost, or as a revitalising pick-me-up, after a strenuous day or workout.

Men's Roll-On Deodorant 50ml

This hardworking roll-on is naturally fragranced with pure essential oils of litsea cubeba, rosemary and the sophisticated earthiness of vetiver for an invigorating, masculine scent.

409891 Ve £15.00



Pomegranate Body Butter Gift

Made with luxurious organic shea butter, this wonderfully nourishing treat melts into skin indulgently to firm and regenerate. Added centella asiatica extract activates the skin's collagen production, increasing skin elasticity. Pomegranate delivers powerful nutrients and antioxidants to smooth, firm and regenerate, leaving your skin feeling nourished and supple. The sublimely pampering fragrance creates a cosy moment for yourself.

409893 Ve £20.00

Plant story: Pomegranate

Although the pomegranate looks dry from the outside, it conceals a surprisingly rich and plump interior with countless seeds, each cushioned in juicy red flesh, resembling small, jewel-like berries.

We source our organic, cold-pressed pomegranate seed oil from our long-term fair trade farming partners in Turkey's Karahacili valley. At harvest time the glossy ruby fruit hang in the trees like shiny Christmas baubles. Harvesting begins just after dawn and the crop is hand-picked, carefully and labour-intensively, to harvest only the best quality fruit. To produce just 1kg of our rich, organic oil requires around 500kg of pomegranates.





Winter wellness

It's important to look after our wellbeing over the winter months. December and January can be tough, with the icy cold and dark damp days challenging our immune systems, the perennial stretch of the purse strings, and often quite a few late nights over Christmas and New Year which can be a trigger for stress for many of us, leading to sleeplessness and indigestion. It's not always a joyful time for everyone.

With a wide range of natural remedies to complement our beautiful bath milks and self-care rituals, we have lots of natural solutions to keep the family in good health and keep stress at a manageable level. Because it's difficult to feel festive when we don't feel well.



Natural Wellness Every Day

Curl up with our beautiful new hardback that captures a century of Weleda wisdom. With soothing rituals and natural remedies, we guide you through the seasons towards better self-care, activating your wellness from within.

404075 £20.00



Get comfortable

Stress, indigestion and sleeplessness are often unavoidable at Christmas with its heady cocktail of rich food, alcohol, noise, travel and late nights. Our award-winning licensed natural medicines are here to help, many made with ingredients from our Derbyshire medicinal herb gardens, grown organically to strict biodynamic standards for quality and purity. We produce over 70 plant tinctures at our Ilkeston headquarters, and potentise 155 remedies for our range, mixing in a century's knowledge of phyto-pharmaceuticals and holistic health care.



Digestive Relief Oral Spray

We can all have too much of a good thing and this homeopathic Oral Spray, for the symptomatic relief of indigestion and bloating, is handy when over-indulgence leads to discomfort. Keep one in your bag for digestive relief at the push of a button. Suitable for 18 years and over.

303004 20ml V £11.75



Digestion Calming Drops

A traditional herbal remedy to support digestive health, our handy Digestion Calming Drops provide symptomatic relief of nausea, stomach ache and upset stomach. A few drops in water can settle an upset tum gently but effectively. Suitable for 12 years and over.

206015 25ml Ve £9.75



Stress Relief Oral Spray

Juggling the demands of work and home is no easy matter and the holidays are an especially busy time. This handy homeopathic Oral Spray is formulated for the temporary relief of mild stress, irritability and tension. Suitable for 18 years and over.

303003 20ml Ve £11.75



Relaxing Oral Drops

Stressful day? Sometimes a healthy level of stress can suddenly become unhealthy, eating into your good night's sleep. This homeopathic medicinal product provides temporary relief for mild symptoms associated with stress, and to pave the way to a good night's sleep. Suitable for 18 years and over.

206005 25ml Ve/G £10.75

Always seek medical advice if your symptoms persist or are causing problems. Always read the label.

G - may contain Gluten

Arnica: mountain magic

First founded in Switzerland, Weleda has harnessed the mountain magic of the Alpine plant Arnica Montana over the past century.

If you're whizzing down a ski slope, powering up a hill, or flexing your limbs with a morning workout, our organic arnica delivers deep muscle warmth and soothing relief, helping the body to prepare for and recover from physical activity.

It's the perfect partner for winter sports whether you're skiing, snowboarding, ice skating, langlaufing, or simply soaking up the mountain air and walking in the winter landscape.

"I love to use Arnica Massage Balm on my legs after the gym or after skiing, because if they're aching it really changes my day. It makes a massive difference."

Alpine ski racer and Weleda Arnica Ambassador Elsa Powell-Dooley



Sport Arnica Energising Shower Gel

Heading off into the mountains this morning? This shower gel refreshes and invigorates with organic rosemary and lavender to revitalise body and mind, while soothing arnica gets to work supporting sore muscles after yesterday's adventures.

104057 200ml Ve £8.25



Arnica Massage Oil

Ideal for a warming massage before or after a strenuous day on the slopes, to relax hard-working muscles and protect against cramps, muscle tension and soreness. The oil is naturally fragranced with relaxing lavender and invigorating rosemary.

106111 100ml Ve £18.95



Arnica Cooling Gel

This light, cooling, non-sticky gel is ideal for use before or after sporting activity. Applying with a light massage helps stimulate blood flow, whilst the cooling sensation refreshes overworked, weary limbs and lifts the feeling of over-exertion.

205028 25g Ve £8.95



Arnica Muscle Soak

The perfect après-ski pick-me-up, a warm bath with this aromatic soak helps soothe body and mind at times of over-exertion and exhaustion, working to lift feelings of tiredness and fatigue while relaxing muscles and weary limbs.

104017 200ml Ve £16.25



Arnica Massage Balm*

Turn an 'ouch' into an 'ahhh' with this aromatic, soothing golden oil - a traditional herbal medicinal product to ease muscular pain and stiffness, backache, bruising, sprains and minor sports injuries. Your natural recovery partner.

204009	200ml	Ve	£22.45
204001	100ml	Ve	£14.55
204002	50ml	Ve	£10.25

* Always read the label.



Plant story: Arnica

An alpine plant, Arnica prefers to grow at altitude rather than in our lowland Derbyshire herb gardens, so we source our arnica from organic mountain meadows where it is sourced sustainably to ensure careful harvest management. Our annual requirement of dried arnica flowers is over 1,000kg so Weleda takes this responsibility very seriously.

Sustainable stocking fillers

Why not put a couple of more meaningful, planet positive gifts into your Christmas stockings this year? How about sustainable, practical extras such as a hand-knitted woolly hat, bamboo drinking straws, a little tin of homemade gingerbread, a beeswax candle? Or why not have a go at sewing some reusable cleansing pads from pretty scraps of leftover material.



Revitalising Hair Tonic

A fabulous hair repair after the extra washing and styling for the festive season, to strengthen and restore shine to dry or brittle hair, and replenish luscious locks. Enjoy the gorgeous mood-boosting rosemary fragrance. It's not hard to see why this certified organic hair lotion is a TikTok sensation!

103024 200ml Ve £13.95



Calendula All Purpose Balm

The tiny tin with big benefits! This neat little pot contains a soothing balm with a multitude of uses – to intensively nourish or protect any dry patches, chapped skin or cracked lips. The perfect winter skin saviour.

105012 25g Ve £7.95



Kids 2in1 Shampoo and Body Wash Mighty Mint

The mellow minty freshness of aromatic spearmint is balanced with notes of calming lavender - the perfect wind down at the end of an action-packed day of fun and festivities.

104564 150ml Ve £6.25



Ginger & Petitgrain Shower Bar

Boost your mood with a zingy shower experience to enliven the senses. The invigorating blend of spicy ginger and refreshing petitgrain awaken with the steam of your shower to wrap you in their energising scent. An ideal way to brighten a dark wintry morning.

104071 75g Ve £5.95



Winter Comfort Intensive Hand Cream

Ease into winter with this luxurious hand cream, for cashmere-soft skin. Made with pampering organic shea butter, nourishing sesame seed and pomegranate seed oils, to protect against the chill. Wrap the senses in the soft scent of vanilla, lemon and star anise.

106068 50ml Ve £13.50



Bathtime bliss

Create a moment of hygge at home with a favourite fragrance. Our holistic Bath Milks and Soaks are highly therapeutic, bringing the serenity of a spa to the comfort of your own bathroom. These powerfully effective time-honoured formulations soothe and rebalance both the body and mind, each one created with a specific experience in mind – whether as a sleep-supporting soak at the end of a hard day or to soothe aching muscles after exercise.

If you've no time for a long soak in the bath, try some in a bowl of hot water for a warming foot bath, or in a home diffuser for mood-boosting room scent (Lavender to relax, Citrus to refresh, Rosemary to aid concentration). Swirl a dash of bath milk in a basin of warm water to rinse a facecloth for a perfect pick-me-up. Or lie a flannel in the shower tray and pour a capful of milk onto it and the hot cascading water will activate the fragrance to revive the senses.



Rosemary Invigorating Bath Milk

104009 200ml Ve £16.25

Lavender Relaxing Bath Milk

104007 200ml Ve £16.25

Citrus Refreshing Bath Milk

104005 200ml Ve £16.25

Pine Reviving Bath Milk

104008 200ml Ve £16.25

Arnica Muscle Soak

104017 200ml Ve £16.25

Plant story: Pine

Nothing smells quite as festive as the scent of a real Christmas tree in the home, instantly transporting us to a snow-covered pine forest. The fragrant leaves or needles of the stately Silver Fir (Abies Alba) and Siberian Fir (Abies Sibirica) contain aromatherapeutic essential oils, and their powers awaken when added to warm water, working holistically to lift fatigue and weariness after a stressful day.



Weleda wellness retreats

Have you ever wished that you could take a few days away – to live and breathe nature, nourish your body and mind, and find warm company and a sense of real community within a small group of like-minded people? Then why not join us for a long weekend of immersive, seasonal experiences that celebrate nature, at this beautiful location in the Peak District.

From delicious organic food to blissful 90-minute treatments that will rebalance your body, mind and soul, this is an opportunity to re-set, replenish and reconnect with nature.

Experience the complete rest and peaceful seclusion of Lapwing Barns – a beautiful farmhouse and barn conversion with picture-perfect views of the rolling countryside and sprawling national park. Relax and unwind in the informal setting of this stylish home-from-home.

Deepen your connection to nature with guided walks and talks to inspire you. Enjoy a revitalising morning yoga session in the new barn space, understand your skin's language with an interactive Awakening Skin workshop, and identify your unique body and personality type and feel empowered to activate your wellness from within.



Upcoming retreat dates

Spring 23-26 February 2024

Autumn 11-14 October 2024

To find out more and book your place, visit
www.weleda.co.uk/weleda-wellness-retreat

"If you're looking for a weekend of pure bliss in the beautiful Peak District then this is the one for you. It's not really heavy on one specific thing but is a good balance of everything, with plenty of 'me time' peppered throughout to reflect and restore calm. So, if you're looking to further understand your skin, your body, and nature cycles throughout the year at a slow pace, then you'll love the Weleda retreat".

Jess Bantleman,
 Women's Health magazine

Gift
 vouchers
 available for
 the ultimate
 Weleda gift



A special kind of Christmas tree

For every gift purchased, Weleda will plant a tree with UK charity TreeSisters. Every purchase funds the planting of tropical trees that sequester carbon, restore landscapes, provide habitat, cool the Earth, stabilise weather and create rainfall.

"Weleda is deeply aligned to TreeSisters' mission of giving back to Nature. They have been partners since 2020 and have already reached a fantastic fundraising milestone. We love Weleda's commitment to combating climate change and that the company has made giving back more accessible for their customers, and encouraged them to get even more involved."

Miriam Conesa Holmeide, TreeSisters Business Partnerships Programme Manager



Thanks to you, we have already **planted over 208,000 trees** as a result of this collaboration, **across 12 locations in the tropics**, and capturing approximately **47,803 tonnes of carbon**. We expect to plant a further **25,000 trees** through new **Christmas gift sales**.

Turning your empties into trees



Most Weleda packaging is easily recyclable at home via local kerbside collection, such as our glass bottles and jars, aluminium tubes and plastic lids. However most councils do not accept mixed plastics, such as our squeeze PE/PP plastic tubes, or plastics with any metal components (such as a hidden spring in a pump or nozzle), and so we have teamed up with waste management experts ENVA so that our packaging does not need to go to landfill. You can return these harder-to-recycle packaging elements to us and we'll sort it with ENVA.

When you've collected a boxful, simply download the Freepost Weleda Recycling address label from our website and drop off your package at your nearest post office when it's convenient. Alternatively you can drop your empties off with your nearest Weleda Wellbeing Advisor (there are over 500 all around the UK), or if you live near Ilkeston you can pop along to our Derbyshire shop on Heanor Road.

Every package returned to us will fund a tree with TreeSisters.



The Marie Claire Prix d'Excellence de la Beauté awards pay tribute to beauty brands that are giving back or putting sustainability at the top of their agenda. Weleda was recently honoured with the British Award for Sustainability 2023.

To order or find out more, visit www.weleda.co.uk

To speak to us, please call 0115 944 8200

To find your local wellbeing advisor, please visit
www.weleda.co.uk/findanadvisor

To join us on social, you'll find us at:

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WELEDA
Since  1921

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In harmony with nature and the human being