

Weleda UK Pollen Chart



Did you know that 1 in 5 people in the UK suffer from hayfever?

The pollen season includes three main phases:

- Tree pollen
- Grass pollen
- Weed pollen

Pollen Calendar



Calendar source: Met Office

For a free pollen forecast please visit:

www.metoffice.gov.uk/health/public/pollen-forecast

Visit www.weleda.co.uk for more information and for products that may relieve your hayfever symptoms.

In harmony with nature and the human being.