

**WELEDA BABY CHAMOMILE TEETHING GRANULES****WELEDA**

**HOMEOPATHIC MEDICINAL PRODUCT**  
**Chamomilla 3X (*Matricaria recutita*) root**

**PATIENT INFORMATION**

**Read this leaflet carefully because it contains important information for you. Keep this leaflet as you may need to read it again.**

Ask your qualified healthcare practitioner or healthcare professional e.g. a doctor or pharmacist if you need more information or advice.

You must talk to a doctor or qualified healthcare practitioner if your baby or child feels worse, or does not feel better after seven days.

If your baby or child get any side effects, talk to your qualified healthcare practitioner or healthcare professional e.g. a doctor or pharmacist.

This includes any possible side effects not listed in this leaflet. See Section 4.

**What is in this leaflet:**

1. What this product is and what it is used for
2. What you need to know before using this product
3. How to use this product
4. Possible side effects
5. How to store this product
6. Contents of the pack and other information

**1. What the product is and what it is used for**

Weleda Baby Chamomile Teething Granules is a homeopathic medicinal product. Each level scoop [234mg] contains Chamomilla 3X (*Matricaria recutita*) root. Weleda Baby Chamomile Teething Granules is used within the homeopathic tradition for the relief of teething pain and other minor symptoms associated with teething in babies and children.

**2. What you need to know before using this product**

**• Do not use:**

- if your baby is under 3 months old
- if your baby or child is allergic to Chamomilla or to any of the ingredients in this product (See section 6).

**• Warnings and precautions:**

- Weleda Baby Chamomile Teething Granules contain sucrose. If you have been told by your doctor that your baby or child has an intolerance to some sugars, contact your doctor before giving them this medicinal product.
- due to the product containing sucrose which may be harmful to teeth, it is not recommended for use for more than 2 weeks.

**• Pregnancy and breastfeeding:**

- this product is for use in babies and children only and is not indicated for use in pregnancy or when breastfeeding.

**3. How to use this product**

Always use this medicine exactly as described in this leaflet or as your qualified healthcare practitioner or healthcare professional e.g. doctor or pharmacist has told you. Check with them if you are not sure.

**Directions:** Remove the PVC shrink-wrapped capsule. Weleda Baby Chamomile Teething Granules are for oral use.

**Suitable for babies from 3 months old:**

Always use the enclosed measuring scoop and ensure it is kept out of the sight and reach of babies and children. Wash and dry the enclosed measuring scoop before use. Using the measuring scoop enclosed in the pack, put the scoop in the bottle and measure one level scoop of granules. Do not use more than the carton/leaflet tells you to. The instructions for use should be followed carefully so that the granules are administered safely.

If symptoms worsen, or do not improve after 7 days of using this product, a doctor should be consulted. This product should not be used repeatedly without consulting a doctor or qualified healthcare practitioner.

**• For babies 3-6 months of age:**

One level scoop of granules should be dissolved in one teaspoonful (5ml) of water that has been previously boiled and cooled. Do not administer until the granules have fully dissolved. With the baby held in an upright position or supported in a sitting position, using a teaspoon, the dissolved granules should be slowly given to the baby in the front of the mouth.

Check that the baby has swallowed all of the liquid.

## • **For babies and children over 6 months of age:**

With the baby or child held in an upright position or supported in a sitting position, slowly give the baby or child one level measuring scoop of granules into the front of the mouth. Check that the granules have fully dissolved in the mouth.

Alternatively, one level scoop of granules should be dissolved in one teaspoonful (5ml) of water that has been previously boiled and cooled. Do not administer until the granules have fully dissolved.

With the baby or child held in an upright position or supported in a sitting position, using a teaspoon, the dissolved granules should be slowly given to the baby or child in the front of the mouth. Check that the baby or child has swallowed all the liquid.

**One dose (one level scoop) should be given every 15 minutes for a maximum of 12 doses in any 24 hour period.**

## If you have given more of this medicine than you should

- if you accidentally give more of Weleda Baby Chamomile Teething Granules than you should, do not worry, using too many doses is not known to be harmful. However if you think your baby or child is unwell, consult your doctor.

## If you forget to give this medicine

- If you miss giving your baby or child a dose of Weleda Baby Chamomile Teething Granules just give the next dose as usual.

If you have any further questions on the use of this medicine, ask your qualified healthcare practitioner or healthcare professional e.g. doctor or pharmacist.

## 4. Possible side effects

There are no known side effects when using Weleda Baby Chamomile Teething Granules. If your baby or child experiences any side effects or if their symptoms worsen, or persist after 7 days of using this product consult a qualified healthcare practitioner or healthcare professional e.g. doctor or pharmacist.

**Reporting of side effects:** If the baby/child gets any side effects, talk to your qualified healthcare practitioner or healthcare professional e.g. a doctor or pharmacist. This includes any possible side effects not listed in this leaflet. By reporting side- effects you can help provide more information on the safety of this medicine.

**Reporting of side effects in the UK:** You can help to make medicines safer by reporting any side effects to the Yellow Card Scheme website at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple AppStore.

## 5. How to store this product

- keep out of the sight and reach of babies and children
- do not store above 25°C. Store in the original container
- keep the container in the outer carton
- do not use after the expiry date on the carton and label
- the expiry date refers to the last day of that month
- do not throw away any medicines via wastewater or household waste.

Ask your pharmacist how to throw away medicines you no longer use.  
These measures will help protect the environment.

## 6. Contents of pack and other information

Each level scoop (234mg) contains Chamomilla 3X (*Matricaria recutita*) root. The other ingredient is Sucrose.

**What Weleda Baby Chamomile Teething Granules looks like and contents of the pack:** This medicine is a white, slightly translucent, sweet granular product packed in a 15ml glass bottle incorporating a Clic Loc style closure containing 15g of product (up to 60 doses). A clear polystyrene measuring scoop is provided in the pack.

**NR holder and manufacturer:** Weleda Baby Chamomile Teething Granules is manufactured and marketed by Weleda UK Ltd., Heanor Road, Ilkeston, Derbyshire DE7 8DR. NR 00298/0295.

## Braille version

To request a copy of this leaflet in Braille or large print, or to listen to an audio version, please call free of charge: 0800 198 5000 (UK only).

Please be ready to give the following information:

Product name: Weleda Baby Chamomile Teething Granules.

Reference number NR 00298/0295.

This service is provided by the Royal National Institute of Blind People.

Weleda Baby Chamomile Teething Granules contains a homeopathic medicinal remedy, rhythmically prepared in Anthroposophic tradition.